



May 2026



Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:00 Arthritis Exercise 6:00 Game Night
4 1:00 BINGO 	5 9:00 Arthritis Exercise 1:00 Mah Jongg 	6 1:00 Cribbage 	7 9:00 Tai Chi 1:00 Music with Vicki Moore	8 9:00 Arthritis Exercise 6:00 Game Night
11 1:00 BINGO 	12 9:00 Arthritis Exercise 1:00 Mah Jongg 	13 10:30 Crafting Buddies 1:00 Cribbage 	14 9:00 Tai Chi 1:00 Music Willie Edwards	15 9:00 Arthritis Exercise 6:00 Game Night
18 1:00 BINGO 	19 9:00 Arthritis Exercise 1:00 Mah Jongg 	20 1:00 Cribbage 	21 9:00 Tai Chi 1:00 Music with DebHampson	22 9:00 Arthritis Exercise 6:00 Game Night
25 1:00 SUPER BINGO BINGO!	26 <small>Foot Clinic Day-reservation required</small> 9:00 Arthritis Exercise 1:00 Mah Jongg 	27 10:30 Fiber Buddies 1:00 Cribbage 	28 9:00 Tai Chi 1:00 May Social "Let them eat CAKE!"	29 9:00 Arthritis Exercise 6:00 Game Night

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 Kimberly White - Executive Director