



# April 2026



Monday		Tuesday	Wednesday	Thursday	Friday
			<b>1</b> April Fool's Day! 1:00 Cribbage 	<b>2</b> 9:00 Tai Chi  6:00 TOPS Weight Loss	<b>3</b> 9:00 Arthritis Exercise  6:00 Game Night
		<b>6</b> 1:00 BINGO 	<b>7</b> 9:00 Arthritis Exercise 10:30 Music with Bud Stevens 1:00 Mah Jongg 	<b>8</b> 10:30 Crafting Buddies 1:00 Cribbage 	<b>9</b> 9:00 Tai Chi 1:00 AAA Senior Driver Presentation 6:00 TOPS Weight Loss
<b>13</b> 1:00 BINGO 	<b>14</b> 9:00 Arthritis Exercise 1:00 Mah Jongg 	<b>15</b> 1:00 Cribbage 	<b>16</b> 9:00 Tai Chi 1:00 Music with DebHampson 6:00 TOPS Weight Loss	<b>17</b> 9:00 Arthritis Exercise  6:00 Game Night	
<b>20</b> 1:00 BINGO 	<b>21</b> 9:00 Arthritis Exercise 1:00 Mah Jongg 	<b>22</b> 10:30 Fiber Buddies 1:00 Senior Investment Fraud Presentation 1:00 Cribbage 	<b>23</b> 9:00 Tai Chi 1:00 April Social Event Old-Fashioned Treats 6:00 TOPS Weight Loss	<b>24</b> 9:00 Arthritis Exercise 10:30 Book Club <i>Properties of Thirst</i> by Marianne Wiggins 6:00 Game Night	
<b>27</b> 1:00 SUPER BINGO <b>BINGO!</b>	<b>28</b> Foot Clinic Day-reservation required 9:00 Arthritis Exercise 1:00 Mah Jongg 	<b>29</b> 1:00 Cribbage 	<b>30</b> 9:00 Tai Chi  6:00 TOPS Weight Loss		

### Good Living Senior Center

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Kimberly White - Executive Director