



February 2026



Monday	Tuesday	Wednesday	Thursday	Friday
2 1:00 BINGO 	3 9:00 Arthritis Exercise 10:30 Music with Bud Stevens  1:00 Mah Jongg 	4 1:00 Cribbage 	5 9:00 Tai Chi 11:30 Flu Talk by VT Dept. of Health 6:00 TOPS Weight Loss	6 9:00 Arthritis Exercise 6:00 Game Night
9 1:00 BINGO 	10 9:00 Arthritis Exercise 1:00 Mah Jongg 	11 10:30 Crafting Buddies 1:00 Cribbage 	12 9:00 Tai Chi 1:00 Valentine Social Cost by Donation 6:00 TOPS Weight Loss	13 9:00 Arthritis Exercise 10:30 Book Club <i>Democracy Awakening</i> by Heather Cox Richardson 6:00 Game Night
16 1:00 BINGO 	17 9:00 Arthritis Exercise 1:00 Mah Jongg 	18 1:00 Cribbage 	19 9:00 Tai Chi 1:00 Music with DebHampson  6:00 TOPS Weight Loss	20 6:00 Game Night
23 11:30 Telehealth Fraud Info Session 1:00 SUPER BINGO BINGO!	24 <small>Foot Clinic Day-reservation required</small> 9:00 Arthritis Exercise 1:00 Mah Jongg  1:30 Memoir Writers	25 10:30 Fiber Buddies 1:00 Cribbage 	26 9:00 Tai Chi 1:00 Music with Vicki Moore  6:00 TOPS Weight Loss	27 6:00 Game Night

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