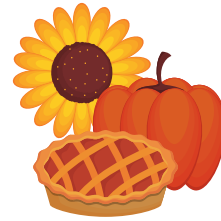


2024 November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior Meals: Mon–Fri at 12PM \$3.50 donation appreciated See Diane for more info.						9:00 Arthritis Exercise ¹ 6:00 Game Night
	1:00 BINGO ⁴ 	9:00 Arthritis Exercise ⁵ 1:00 Mah Jongg 	10:30 Bud Stevens ⁶ 1:00 Cribbage 	9:00 Tai Chi ⁷ 10:00 Crafting Buddies 6:00 TOPS Weight Loss	9:00 Arthritis Exercise ⁸ 10:30 Book Club 6:00 Game Night	join us! A CHRISTMAS CAROL at Jean's Playhouse in Lincoln, NH SUNDAY, DEC. 15 see Bob for details
	1:00 BINGO ¹¹ 	9:00 Arthritis Exercise ¹² 1:00 Mah Jongg 	1:00 Cribbage ¹³ 	9:00 Tai Chi ¹⁴ 10:00 Crafting Buddies 1:00 Vicki Moore 6:00 TOPS Weight Loss	9:00 Arthritis Exercise ¹⁵ 6:00 Game Night	
	1:00 BINGO ¹⁸ 	9:00 Arthritis Exercise ¹⁹ 1:00 Mah Jongg 	1:00 Cribbage ²⁰	9:00 Tai Chi ²¹ 10:00 Crafting Buddies	9:00 Arthritis Exercise ²² 6:00 Game Night	
1:00 SUPER BINGO ²⁵ BINGO!	9:00 Arthritis Exercise ²⁶ 1:00 Mah Jongg 1:30 Memoir Writers	1:00 Cribbage ²⁷	9:00 Arthritis Exercise ²⁸ 6:00 Game Night 	9:00 Arthritis Exercise ²⁹ 6:00 Game Night	TOPS: Take Off Pounds Sensibly For more information about the TOPS weight loss program, please call Barbara Patridge at 802-695-8852	