

**MARCH**

# goodliving

## SENIOR CENTER

**2020**

PO Box 162  
1207 Main Street  
St. Johnsbury, VT 05819

748-8470  
email: [goodliving@vtlink.net](mailto:goodliving@vtlink.net)  
website: [stjgoodliving.org](http://stjgoodliving.org)

MON	TUE	WED	THU	FRI	
<p><b>2</b></p> <p>8:30 am &amp; 6:00pm Golden Ball Tai Chi </p> <p>1:00 Bingo </p>	<p><b>3</b></p> <p>9:00 Arthritis Foundation Exercise Program </p> <p><b>10:00 Bible Study</b></p>	<p><b>4</b></p> <p>10:00 Knit- Wits </p> <p>1:00 Cribbage </p>	<p><b>5</b></p> <p>8:30 Golden Ball Tai Chi </p> <p>10:00 Line Dancing Lessons</p>	<p><b>6</b></p> <p>9:00 Arthritis Foundation Exercise Program </p>	
<p><b>9</b></p> <p>8:30 am &amp; 6:00 pm Golden Ball Tai Chi </p> <p>1:00 Bingo </p>	<p><b>10</b></p> <p>9:00 Arthritis Foundation Exercise Program </p> <p><b>10:00 Bible Study</b></p> <p><b>2:00 Poetry Tea Party</b> </p>	<p><b>11</b></p> <p>10:00 Knit- Wits </p> <p>1:00 Cribbage </p>	<p><b>12</b></p> <p>8:30 Golden Ball Tai Chi </p> <p>10:00 Line Dancing Lessons</p> <p>1:00 W// Bowling </p>	<p><b>13</b></p> <p>9:00 Arthritis Foundation Exercise Program </p>	
<p><b>16</b></p> <p>8:30 am &amp; 6:00 pm Golden Ball Tai Chi </p> <p>1:00 Bingo </p>	<p><b>17</b></p> <p>9:00 Arthritis Foundation Exercise Program </p> <p><b>10:00 Bible Study</b></p>	<p><b>18</b></p> <p>10:00 Knit- Wits </p> <p>1:00 Cribbage </p> <p>1:30 Drawing Class with Ed Kadunc </p>	<p><b>19</b></p> <p>8:30 Golden Ball Tai Chi </p> <p>10:00 Line Dancing Lessons</p>	<p><b>20</b></p> <p>9:00 Arthritis Foundation Exercise Program </p>	
<p><b>23</b></p> <p>8:30am and 6:00pm Golden Ball Tai Chi </p> <p>1:00 Bingo </p>	<p><b>24</b></p> <p>9:00 Arthritis Foundation Exercise Program </p> <p><b>10:00 Bible Study</b></p>	<p><b>25</b></p> <p>10:00 Knit- Wits </p> <p>1:00 Cribbage </p> <p>1:30 Drawing Class with Ed Kadunc </p>	<p><b>26</b></p> <p>8:30 Golden Ball Tai Chi </p> <p>10:00 Line Dancing Lessons</p> <p>1:00 W// Bowling </p>	<p><b>27</b></p> <p>9:00 Arthritis Foundation Exercise Program </p>	
<p><b>30</b></p> <p><b>8:00 to 9:00 Legislative Breakfast Everyone is Welcome</b></p> <p>8:30 am &amp; 6:00pm Golden Ball Tai Chi </p> <p>1:00 Bingo </p>	<p><b>31</b></p> <p>9:00 Arthritis Foundation Exercise Program </p> <p><b>10:00 Bible Study</b></p> <p><b>1:30 Memoir Writing Class</b> </p>	<p><b>SAVE THIS DATE</b> </p> <p><b>SATURDAY NIGHT APRIL 4</b></p> <p> <b>SOLD!</b> </p>			<p><b>Second Annual Sweet Spring Auction</b></p> <p>Come and join the fun this Saturday. It is going to be the place to be! Check out the flyer inside for more info!</p>

### ACTIVITIES CALENDAR

Phone: 748-8470

email: [goodliving@vtlink.net](mailto:goodliving@vtlink.net)

On the web: [stjgoodliving.org](http://stjgoodliving.org)