

# THANK YOU

We would to thank all our generous contributors throughout 2019!

They made it possible to sustain all the many weekly and monthly activities we offer. The Good Living Senior Center remains the place for seniors to find fitness classes, day trips, informational seminars, writing and art classes, special luncheons and much more.

Thanks to the St. Johnsbury Elks Club and the Northeastern Vermont Regional Hospital for the grants they funded us at the start of 2019. They were an enormous help to us last year.

Thanks to support from the Passumpsic Bank and the AutoSaver Group at a crucial point in the Spring of 2019.

We thank the Vermont Community Foundation - Northeast Kingdom Fund for the grant given to us at the end of 2019 to provide transportation for our day trips for 2020. Our seniors will have some wonderful times to look forward to this year.

## COMING UP IN 2020

A look at the January calendar in this newsletter will give you an idea of the fun filled and busy year we are planning and the dynamic character of the Good Living Senior Center. Seniors in the area depend on the Center to find 'good times' and camaraderie in a welcoming venue right in the center of town. Our monthly day trips, starting in the Spring, are legendary and very affordable. Seniors are already anticipating them. The Center prides itself on giving area seniors something to look forward to, something to enjoy at the time and something to give them fond memories to cherish.

The Center is always looking to the future. Every year we add new programs and actively seek new seniors to join our group. We need you to help us with our growth and our sustainability. We function on a limited budget - and we do it well - but we need to make sure we are able to continue operating year after year. This year we are asking the town of St. Johnsbury to raise the appropriation we receive each year. We will be placed on the docket at Town Meeting on Tuesday, March 3, 2020 for registered voters in St. Johnsbury to approve this motion. We ask that you attend the meeting and vote on this important issue.

The Center needs your vote.

Make St. Johnsbury and the Northeast Kingdom a good place to grow old. Think of your grandparents, your parents and older neighbors, think of yourself. Remember, everyone will eventually be a senior. Vote at Town Meeting!

## VISIT US

### See the Good Living Senior Center in Action

You are invited to see us at any of our activities or events

**We think you will like what you see!!**

**COME TO OUR WINTER PICNIC ON JANUARY 20 AT 12 NOON**

Have a delicious lunch and a FUN time!!!