



SEPTEMBER

Just like that - Summer falls into September



- ◆ **September 14 - 9:00 to 1:00 Best Yard Sale of the Season** - Held on the porch and sidewalk of the St. Johnsbury House. A huge collection of quality merchandise. We are famous for this sale and you won't want to miss it. See flyer inside
- ◆ **September 17 - Bud Stevens - 12:30 to 1:30** - A Karaoke style of singing that lends itself to sing-along and is great to listen to. Come and join the FUN!
- ◆ **September 26 - 9:30 Lake Champlain Luncheon Cruise** - We will take our luxury coach to the docks of Burlington to cruise this magnificent lake on the **Spirit of Ethan Allen**. While aboard we will be treated to a delicious full buffet luncheon. See flyer inside.
- ◆ **Coming in October**
- ◆ **October 25 - Good Living Gourmet Pasta Party - 5:00pm to 8:00pm** - Eat in or take out a wonderful Italian dinner - Antipasto, Chicken Milanese, Lasagna with Mushrooms and Fall Greens, Lasagna with Beef Shanks and Red wine Ragu, Fafalle and Three Cheeses, Bruschetta, Salads and Italian Desserts. Save the Date!!

Plus all our regular daily and monthly activities

Golden Ball Tai Chi · Arthritis Foundation Exercises · Knit Wits · Cribbage · Monday Bingo
Drawing Class · Wii Bowling · Poetry Tea Party · Memoir Writing Class · and more!

goodliving
SENIOR CENTER

1207 Main Street
St. Johnsbury, VT 05819

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