



**MEALS
on WHEELS**
ST. JOHNSBURY

748-5467

DECEMBER 2018

Director *Diane Coburn*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Tomato Veg Soup Egg Salad Sand. Pineapple Juice Pears	4 Baked Mac Cheese W/ Ham Brussels Sprout Apricots	5 Birthday Party Roast Pork Sweet Potato, Peas Strawberry Short Cake	6 Cheese Burger Lettuce & Tomato Corn, Rice Pilaf Cantaloupe	7 Turkey Roll Up Scalloped Potato Squash, Roll Carrot Cake
10 Hamburg Stroganoff on Noodles Cauliflower Pumpkin Pie	11 Beans & Hot Dogs Cabbage Brown Bread Orange	12 Liver & Onions Mashed Potato Italian Blend Veg Chocolate Pudding	13 Spaghetti W/ Meatballs Carrots Tropical Fruit	14 Haddock Mashed Potato California Blend Pineapple
17 Salisbury Steak Mashed Potato Mixed Veg. Mandarin Orange	18 Sweet & Sour Pork Rice Oriental Veggies Apricots	19 Closed	20 Broccoli Quiche Beets Roll Peaches	21 Christmas Meal Baked Stuffed Chicken Breast, Mashed Potato Squash, Roll & Apple Pie
24 CLOSED Merry Christmas To All	25 CLOSED	26 Swedish Meatballs Butter Noodles Peas & Carrots Fresh Orange	27 Chicken Burger Lettuce & Tomato Green Beans Pineapple	28 Seafood Newburg Rice Broccoli Honeydew Melon
31 Baked Ham Sweet Potatoes Corn, Roll Strawberry/Rhubarb Pie	Fresh local Salad Bar Daily	Menu Subject to Change		

A Suggested Donation of \$3.50 per meal would be Greatly Appreciated

Thank You Autosaver Group