

A MEMORABLE DAY TRIP

A Luncheon Cruise on Vermont's Lake Champlain
Come join us aboard

The Spirit of Ethan Allen



September 26

Leave St. J at 9:30am

Back at @ 4:00pm

Leave the Center on a luxury coach and enjoy the ride to the Burlington docks where we sail away from the ordinary on Vermont's largest floating restaurant and Cruise Ship, **The Spirit of Ethan Allen**. While we cruise the magnificence of Lake Champlain you will enjoy a full buffet lunch and an informative historical narration.

**Cost for the Day
including
Travel, Lunch and Cruise is
\$45.00**

(all taxes and tips included)

For information or to reserve a space on this trip call or email

Good Living Senior Center

1207 Main St. St. Johnsbury, VT 05819

Phone: 748-8470 email: goodliving@vtlink.net

On the web: www.stjgoodliving.org

OUR FAMED PASTA PARTY IS COMING UP IN OCTOBER - PUT IT ON YOUR CALENDAR

SAVE THE DATE

Good Living Gourmet Pasta Party



FRIDAY, OCTOBER 25 from 5:00 to 8:00

St. Johnsbury House—Main Street



**Featuring Handmade Pasta with Specialty Sauces
Bruschetta, Salad, Vegetables and Authentic Italian Desserts
Chicken Milanese - Lasagna with Mushrooms and Fall Greens
Bolognese Lasagna with Beef Shanks & Red Wine Ragu
Farfalle and Three Cheeses**