MAY

PO Box 162
1207 Main Street
St. Johnsbury, VT 05819

goodliving SENIOR CENTER

2019

748-8470
email: goodliving@vtlink.net
website: stjgoodliving.org

MON	TUE	WED	THU	FRI
The Senior Center is OPEN and WELL!!!! **Community support to keep the Center open has been overwhelming. The Board of Directors thanks everyone for their contributions and want all to know we are open and serving seniors as always. In fact we are celebrating with a trip to Polly's Pancake Parlor! See inside for more info on the trip and continuation of services.**		**1** 10:00 Knit- Wits 1:00 Cribbage	**2** 8:30 Golden Ball Tai Chi	**3** 9:00 Bone Builders
6 8:30 Golden Ball Tai Chi 6:00 pm Golden Ball Tai Chi 1:00 Bingo	**7** 9:00 Bone Builders	**8** 10:00 Knit- Wits 1:00 Cribbage	**9** 8:30 Golden Ball Tai Chi 1:00 W*ii* Bowling	**10** 9:00 Bone Builders
13 8:30 Golden Ball Tai Chi 6:00 pm Golden Ball Tai Chi 1:00 Bingo	**14** 9:00 Bone Builders **2:00** **Poetry Tea Party**	**15** 10:00 Knit- Wits 1:00 Cribbage	**16** 8:30 Golden Ball Tai Chi	**17** 9:00 Bone Builders
20 **8:00 to 9:00** **Legislative Breakfast** **All are Welcome** 8:30 Golden Ball Tai Chi 6:00 pm Golden Ball Tai Chi 1:00 Bingo	**21** 9:00 Bone Builders **12:30 - 1:30** **BUD STEVENS** **Sing-a-long**	**22** 10:00 Knit- Wits 1:00 Cribbage 1:30 Drawing Class with Ed Kadunc	**23** 8:30 Golden Ball Tai Chi **Brunch** **Polly's Pancake Parlor** **Bus leaves at 10:00** We always have fun at Polly's See inside for more info. 	**24** 9:00 Bone Builders
27 	**28** 9:00 Bone Builders **1:30** **Memoir Writing Class**	**29** 10:00 Knit- Wits 1:00 Cribbage 1:30 Drawing Class with Ed Kadunc	**30** 8:30 Golden Ball Tai Chi 1:00 W*ii* Bowling	**31** 9:00 Bone Builders

ACTIVITIES CALENDAR