

THANK YOU

We want to thank all our generous contributors throughout the year. We couldn't do it without them!

We also want to shout a special thanks to the **St. Johnsbury Elks Lodge** and the **Northeastern Vermont Regional Hospital Community Health Fund** for the grants they funded us at the end of 2018.

The **Elks Lodge Grant** will help bring your newsletter to you each month. The Elks are pleased to be part of keeping seniors in our area informed of all the activities and events at the Center.

The **NVRH Community Health Fund Grant** will provide the monies for a lot of the bus travel on our exciting excursions throughout the year. It will help make these trips affordable for all seniors in the area and we applaud this generosity!

THANK YOU

COMING UP IN 2019

We are already making plans for trips in the coming year and looking for new activities and events for our senior population.

The Winter Picnic is coming up on February 18. Held at the Center it is always a fun activity.

We will start our travel off in March with a trip to the Vermont Flower Show. It will be a great trip with a full luncheon on the road. A really good way to loose the winter blues! Other trips will include live theater in Woodstock, NH and White River Junction. Because of our travel grant we hope to have a trip each month.

Of course our activities will continue in 2019 and we hope you will participate. From Monday Bingo, Wednesday Cribbage and Knit Wits to Wii Bowling and four exercise programs throughout the week, there is something for everyone.

GIVE US A CALL!!! JOIN THE FUN!!!

COMING UP IN 2019