



MARCH



In March - Winter is holding back and Spring is pulling forward

Look for the Good Living Senior Center's Appeal Letter in your mailbox this month. Become one of our Community Partners by supporting the Center and all the seniors in the area! Be part of the effort to make the Northeast Kingdom a great place to grow old!

- ◆ **March 19 - After Lunch Singing with Bud Stevens - 12:30 to 1:30 - A Karaoke style of singing that lends itself to sing-a-long and is fun to listen to. Come and join the FUN!**
- ◆ **March 25 - Legislative Breakfast - 8:00 to 9:00 - Meet with your legislators - Keep current with what is happening in Montpelier and your town - Everyone is welcome!**

Coming in April

- ◆ **April 9 - Remembering Robert Frost with the Northeast Storytellers - 2:00 - A Celebration of National Poetry Month. Share in the works and legacy of Robert Frost. Refreshments will be served. No charge. More information in the April Newsletter**

Plus all our regular daily and monthly activities

**Golden Ball Tai Chi · Bone Builders · Knit Wits · Cribbage · Monday Bingo
Drawing Class · Wii Bowling · Poetry Tea Party · Memoir Writing Class · and more!**

goodliving
SENIOR CENTER

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