

MARCH



































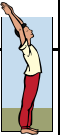
goodliving

SENIOR CENTER

2019

PO Box 162
1207 Main Street
St. Johnsbury, VT 05819

748-8470
email: goodliving@vtlink.net
website: stjgoodliving.org

MON	TUE	WED	THU	FRI
<p>SAVE THE DATE</p> <p>Remembering Robert Frost - April 9 - 2:00 with the Northeast Storytellers</p> <p>Celebrate National Poetry Month - Share in the works and legacy of Robert Frost</p> <p>Refreshments Served No charge</p> 		<p>Partner with the Good Living Senior Center Make the Northeast Kingdom a Great Place to grow old!</p> 		<p>1</p> <p>9:00 Bone Builders</p> 
<p>4</p> <p>8:30 Golden Ball Tai Chi </p> <p>1:00 Bingo </p>	<p>5</p> <p>9:00 Bone Builders </p>	<p>6</p> <p>10:00 Knit- Wits </p> <p>1:00 Cribbage </p>	<p>7</p> <p>8:30 Golden Ball Tai Chi </p> <p>1:00 W//Bowling </p>	<p>8</p> <p>9:00 Bone Builders</p> 
<p>11</p> <p>8:30 Golden Ball Tai Chi </p> <p>1:00 Bingo </p>	<p>12</p> <p>9:00 Bone Builders </p> <p>2:00 Poetry Tea Party </p>	<p>13</p> <p>10:00 Knit- Wits </p> <p>1:00 Cribbage </p>	<p>14</p> <p>8:30 Golden Ball Tai Chi </p>	<p>15</p> <p>9:00 Bone Builders</p> 
<p>18</p> <p>8:30 Golden Ball Tai Chi </p> <p>1:00 Bingo </p>	<p>19</p> <p>9:00 Bone Builders </p> <p>12:30 - 1:30 BUD STEVENS Sing-a-long </p>	<p>20</p> <p>10:00 Knit- Wits </p> <p>1:00 Cribbage </p> <p>1:30 Drawing Class with Ed Kadunc </p>	<p>21</p> <p>8:30 Golden Ball Tai Chi </p> <p>1:00 W//Bowling </p>	<p>22</p> <p>9:00 Bone Builders</p> 
<p>25</p> <p>8:00 to 9:00 Legislative Breakfast Everyone is Welcome</p> <p>8:30 Golden Ball Tai Chi </p> <p>1:00 Bingo </p>	<p>26</p> <p>9:00 Bone Builders </p> <p>1:30 Memoir Writing Class </p>	<p>27</p> <p>10:00 Knit- Wits </p> <p>1:00 Cribbage </p> <p>1:30 Drawing Class with Ed Kadunc </p>	<p>28</p> <p>8:30 Golden Ball Tai Chi </p>	<p>REMEMBER</p> <p>All seniors in the Northeast Kingdom are welcome at the Good Living Senior Center for all activities, day trips, events, exercise classes and luncheon parties.</p>

ACTIVITIES CALENDAR

Phone: 748-8470

email: goodliving@vtlink.net

On the web: stjgoodliving.org